



Tahoe Center  
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Natural Medicine

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Therabiotics, Inc.  
PO Box 389  
Victoria, Minnesota  
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To: Therabiotics

I am writing to share the success I have clinically experienced using Theralac in treating various medical conditions. Theralac is the strongest and most effective probiotic strain I have come across as a natural medicine practitioner. Because it is stable at room temperature, it is convenient to use for the traveler wanting to prevent intestinal distress. The acid proof vegicaps are easy to swallow and can be taken either with food or on an empty stomach. After doing a loading dose of one capsule daily for two weeks, a patient may switch to just two capsules per week for a maintenance program. All these reasons contribute to its affordable, convenient, and effective combination.

As a promoter of health-based nutritional programs, I feel everyone should be on a high quality probiotic supplement. However, there are several key medical conditions when I prescribe Theralac. First is in my elderly patients who experience decreased nutrient assimilation or states of alternating diarrhea/constipation. I have seen improvement of bowel regularity and immune status by notifying the intestinal lining. Secondly, any patient who suffers from eczema, allergies (esp. food sensitivities), or asthma, is put on a Theralac probiotic protocol. Additionally, the symptoms of bloating, gas, abdominal cramps, heartburn, or conditions of dyspepsia, all respond favorably. Once the healthy flora is re-established, the usual therapeutic outcome is a reduction in the patient's symptoms and improved gastrointestinal function.

Furthermore, any person who has gone through antibiotic therapy of any sort whether it is for ear infections, pneumonia, or dental surgery, gets put on Theralac. I use the standard program myself of two capsules per week and I have my entire family on it!

I suggest health-orientated practitioners to look into this product to clinically benefit their patients treatment response and overall health.

Most Sincerely,

Dr. Christina R. Campbell  
Doctor of Chiropractic and Naturopathic Medicine